

Mutual Project

by Vernon Sinvula Malumani and Kathrin Schmitz

During the German-African Youth Initiative (2016-2018), a project about appropriate table manners was developed with the aim to educate the young generation about traditional and formal eating manners in different cultures. Eating together plays a major role within everyday life and knowledge about the behaviour code of another culture enhances intercultural competence and enables global citizenship.



Suni e.V.
supports the SDGs



How to be polite

Masubia and German Table Manners



TARGET 4.7



EDUCATION FOR SUSTAINABLE DEVELOPMENT AND GLOBAL CITIZENSHIP

By 2030, ensure that all learners acquire the knowledge and skills needed to promote sustainable development, including, among others, through education for sustainable development and sustainable lifestyles, human rights, gender equality, promotion of a culture of peace and non-violence, global citizenship and appreciation of cultural diversity and of culture's contribution to sustainable development

Sponsored by Entwicklungspolitisches Landesnetzwerk Rheinland-Pfalz e.V., Stiftung Rehkids, Sparkasse Trier, Dr. Buhmann Stiftung & Suni e.V. Developed during the DAJA by Suni e.V. and the Light for the Children Foundation 2018 / Suni e.V. / Triererstr. 63, 54298 Igel / 1st Edition / www.suni-ev.de / kontakt@suni-ev.de



Financed by Engagement Global gGmbH on behalf of the German Federal Ministry for Economic Cooperation and Development within the frame of weltwärts.
Financed by with funding from the in the frame of



Namibia, Masubia culture: Eating politely

- ❖ A set of steps is to be followed
- ❖ Respect is given to the elderly people



Step 2

Elders start washing their hands, then pass the water to the younger ones.



Step 3

Before starting to eat, clap your hands to show respect and give thanks for the food.



Step 4

First, elders get the biggest parts of the meat.



Step 5

The food is eaten with hands.



Step 6

After eating, wash your hands again and clap them as a sign of thankfulness.



Germany: Eating politely

- ❖ A set of rules is to be followed (cf. "Knigge" = German behaviour codex)
- ❖ Only few basic rules were chosen for the project

Rule 1

Before eating, cutlery is placed like this:



Rule 2

Wait until everyone is served, then start eating only after everyone has said "Guten Appetit!"

Rule 3

Don't put your elbows on the table.

Rule 4

Try not to make noise. Avoid speaking with food in your mouth.

Cutlery meaning "I'm still hungry."



Rule 5

The way you put your cutlery on the table indicates whether you are still hungry, or full.

Cutlery meaning "I'm full."

